

words

Words to Live By

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The following passage from *The Ignatian Workout* by Tim Muldoon, has been important to my spiritual journey:

“He did not always seek the ‘big things,’ if we think of them in the political or social sense. What He sought was connectedness to other people in order to teach them about how great God’s love for them is... Jesus’ God is the God of the story about the prophet Elijah, who looked for God in a strong wind, an earthquake, and fire—but found God instead in a tiny whispering sound (1 Kgs 19:11-13)... if we simply allow God to self-reveal as God wills, then we will begin to see the hand of God in all things.”

I continue to find myself trying to notice how simple it is to see God in everything that’s going on in my life, from the inconvenience of traffic to the joy of connecting with my children. How can I build daily routine events into my connectedness with God? How can I show the love of God that Jesus brought to others in the simplest ways?

I realize that perhaps just by paying attention and noticing something small that’s making a difference in my own life, I’m connecting back to God’s divine plan. I also remain committed to valuing the little details of life—giving and receiving—that cause an emotional reaction within me. I view that response as a message from God to pay attention and live in the moment, appreciating life as it is and not as I would have it.

-Ann Marie Teuber, counselor at The Family Center in Somerville, MA. She and her husband Bill were co-chairs of the 2004 Jesuit Dinner.

The new chapel at the Bro. James P. McDavitt, SJ Conference Center located in the Provincial offices, Watertown, MA. (Photo by Hutchins Photography, Inc.)

